

3.4.3.1

NUMBER OF EXTENSION AND OUTREACH PROGRAMS YEAR WISE DURING THE LAST FIVE YEARS

NATIONAL SERVICE SCHEME

Onda Thana Mahavidyalaya

About NSS:

The National Service Scheme is a noble youth activity of our country, started in 1969 on the occasion of the birth centenary of Mahatma Gandhi. The main objective of NSS is 'education through community service'. 'NOT ME BUT YOU' is the motto of NSS, which means every person should realize that not he or she alone is important but the society in which he or she lives is on the whole important. NSS activities are multipurpose as well as multidimensional in nature. And in practice, these activities play an important part in the service of mankind and in the formation process of the future generation of the country through various constructive programmes. The phenomenal success of science and technology in his service has made man forget long-cherished values such as love, peace, cooperation and tolerance, etc. materialism and its comfort shifted the importance of life to the mere acquisition of material health. Further globalization has thrown the values out of greater life.

West Bengal is one of first few states where NSS has been introduced since its inception in the country in 1969. In the days to come, NSS activities will further be strengthened to take it to the optimum level by sincerity and commitment of all concerned. Similarly, the NSS of Onda Thana Mahavidyalaya has achieved many goals of youth empowerment. The NSS volunteers are involved in multi-dimensional activities like laying of college garden, tree plantation, adoption of villages, Swatch Bharat Abhiyan, health camp, awareness programmes etc. The students may be placed in projects of adult education, welfare of slum dwellers, training in civil defense, work in hospitals, etc.

Objective:

- 1. To comprehenf the community in which they eperate and comprehend their own place in it.
- 2. To identity the community's need and issue, then involve them in problem solving.
- 3. To create a sense of civic and social duty among volunteers.
- 4. To utilise their expertise to develop workable solutions for issus affecting both individuals and community.
- 5. To develop the skills and attitudes necessary for democratic leadership and group living as well as the ability to share duties and live in a group.

6. To enhance volunteers ability to respond to catastrophes and natural disaster and practise social peace and national integration.

OUR MISSION

- 1. To inculcate principles, values and ideologies in the younger generation and make them aware of moral duties and initiate theminto social community service.
- 2. To inspire volunteers to take active participation in state wide or national NSS activities.
- 3. To motivate students for cultural programmes and take active participation in national competitions.

To arrange awareness programs related to health, hygiene, cleanliness, road safety, organic cultivation, vector born changes, prevention of tobacco, dengue and AIDS among common people.

UNITS, PROGRAMME OFFICERS AND INTAKE CAPACITY

In recognition of our real attachment with the society the university has sanctioned two NSS Units. Dr. SK JahirAbbaas and DriptiMandal are in charge of Unit-1 and 2 respectively. The Programme Officer areactivelyengaged indifferent programmes.

Adopted Villages

Eachunit of Onda Thana Mahavidyalaya NSS has adopted a nearby village and is actively involved in social activity in that village.

- Dhabani is a village located 1km away from Onda Thana Mahavidyalaya and comes under the Santor Gram Panchayet. The village adopted by the Onda Thana Mahavidyalaya NSS Unit-i.
- Bheduasole is a village located 1.5km away from Onda Thana Mahavidyalaya and comes under Mankhamar Gram Panchayet. It is an adopted village by the Onda Thana Mahavidyalaya NSS unit-ii.

Programmes Organised by NSS Unit I & II, Onda Thana Mahavidyalaya

(Our college has not received any financial grant from Govt. or semi-govt. Istitutions)

Academic Session 2018-19

Title of the Programme: Celebration of Plantation Day

Date of the Programme: 07.07.2018

Place of activity: College campus

Funding Agency: Onda Thana Mahavidyalaya

Number of Participants: 1. Number of staff- 8

2. Number of NSS Volunteers-20

3. Number of others students-00

Aims & Objectives: To make Students aware of global warming, forest degradation, soil erosion etc. and importance of planting saplings.

Activities: Plantation of mango, sal, debdaru etc saplings.



Title of the Programme: Celebration of Independence Day

Date of the Programme: 15.08.2018

Place of activity: college campus

Funding Agency: Onda Thana Mahavidyalaya

Number of Participants: 1. Number of staff- 25

- 2. Number of NSS Volunteers-40
- 3. Number of others students-30

Aims & Objectives: India got freedom on this day by the sacrifice of our brave patriots. So we want to remind the young generation that freedom does not come for free and to make them aware about the moral value of Independence Day of India.

Activities: They can know the contribution of freedom fighter in freedom movement and they are able to realize the moral value of Independence Day of India through various speech by Teachers and staff. Cultural proramme also organised and NSS volunteers participated in the prgogramme spontenously.

Title of the Programme: Swachh Bharat Mission

Date of the Programme: 22.09.2018

Place of activity: Dhabani village

Funding Agency: Onda Thana Mahavidyalaya

Number of Participants: 1. Number of staff- 06

2. Number of NSS Volunteers-80

3. Number of others students-10

Aims & Objectives: 1.to improves quality of life of rural peoples.

- 2. To learned how to keep and care our society.
- 3. To promote cleanliness, hygiene etc.

Activities: Volunteers are determined to improve the quality of life of the people in the village. They clean dirty areas and make villagers aware of cleanliness and to inspire to keep sorrounding clean. They raised voice to refrain from latrine in fields.











Title of the Programme: Observation of NSS Day

Date of the Programme: 24.09.2018

Place of activity: College campus

Funding agency: Onda Thana Mahavidyalaya

Number of Participants: 1. Number of staff- 25

2. Number of NSS Volunteers-60

3. Number of others students-10

Aims & Objectives: 1. To honour the organization's establishment.

- 2. To recognize contribution of NSS in nation building process.
- 3. To recognize the efforts of NSS volunteers in well beign of community.

Activities: The event started with hoisting of NSS flag by our Principal Dr. Bijay Kant Dubey. Then special motivational lecture delivered by the pricipal. Programme officers of the units and

other teachers and staff delivered motivational and awareness lecture on various topic, i.e. example of youth selfless activities, environmental issues, social issues etc. At the end of the programme Voluteers partipated in campus cleaning.





Title of the Programme: Clebration of Netaji's Birthday

Date of the Programme: 23.01.2019

Place of activity: College campus

Funding Agency: Onda Thana Mahavidyalaya

Number of Participants: 1. Number of staff- 12

2. Number of NSS Volunteers-20

3. Number of others students-23

Aims & Objectives: 1. To celebrate the birthday of our great patriotic and freedom fighter Netaji.

- 2. To honour the contribution and bravery of our freedom fighter in achieving independence.
- 3. to inspire the youth to follow his ideals of courage and sacrifice.

Activities: Due to odd semester examination, the presence of volunteers at college campus was low. The programme was organised at college campus. At first, National flag is hoisted and then teachers and staff inspire the youth by focusing on self-secrificing and bravery of Netaji for motherland.





Title of the Programme: celebration of Republic Day

Date of the Programme: 26.01.2019

Place of activity: College campus

Funding Agency: Onda Thana Mahvidyalaya

Number of Participants: 1. Number of staff- 15

2. Number of NSS Volunteers-22

3. Number of others students-10

Aims & Objectives: 1. To celebrate the essense of liberty.

2. To make youth aware the importance of transition of India from British colony to a republic.

3. To instill sense of patriotism among the youth and to recognize the contribution of freedom fighters.

Activities: At first National Flag was unflured and our principal gave a lecture on the contributon of our brave freedom fighters. Others staff also pointed out importance of the day among students. NSS volunteers organized and participated in cultural programme.

Title of the Programme: Anti Tobacco campaign

Date of the Programme: 25.03.2019

Place of activity: College campus

Funding Agency: Central Govt (through District Tobacco Control Cell)

Number of Participants: 1. Number of staff- 25

2. Number of NSS Volunteers-87

3. Number of others students-13

Aims & Objectives: 1. To increase awareness on harmfull effects of tobacco among college students.

- 2. To raise awareness about harmfull effects of tobacco on passive smoker.
- 3. To raise awareness on the importance of lung health in acieving overall health and well being.

Activities: Principal of our college inaugurated this special programme on 25th march, 2019. Officers of District Tobacco Control Cell (Biswajit Charan, Sourav Samanta, Sadananda Mukherjee) discussed on Health hazards and ill effects of Tobacco users. Our NSS volunteers performed in a 'natak'- "Sukher Thikana" related to effects of smoking and domestic violence.





Title of the Programme: NSS Annual Special Camp

Date of the Programme: 25.03.2019 to 31.03.2019

Place of activity: College campus & Adopted villages (Dhabani & Bhedualsol)

Funding agency: Onda Thana Mahavidyalaya

Number of Participants: 1. Number of staff- 40

2. Number of NSS Volunteers-87

3. Number of others students-03

Aims & Objectives: 1. To expose youth volunteers to the different problems of the community and make contribution in the development of adopted villages.

- 2.To work towards the development of weaker section of adopted village.
- 3. To make villagers aware about health hazard of uses of tobacoo, plastic, chemical fertilizer etc. and various environmental issues and how can we combat with natural calamities.
- 4. To build leadership capacity among the youth.
- 5. To give an opportunity to explore inner potential of every youth through entire 7 days programme.

5. To give a sense of togetherness through group activities.

Activities: NSS UNIT I & II of our college (Onda Thana Mahavidyalaya) organised a seven days Special Camp from 25/03/2019 to 31/03/2019. In this camp we tried to include several activities like cleaning, survey at adopted villages, blood donation camp, afforestation programmes, a series of awareness lecture on health problem, social evil, wellness of environment etc. and also cultural programme.

Principal of our college inaugurated this special camp on 25th march, 2019. He gave a special lecture on NSS. Same day, officers of District Tobacco Cell (Biswajit Charan, Sourav Samanta, Sadananda Mukherjee) discussed on Health hazard and ill effects of Tobacco users. Our NSS volunteers performed in a 'natak'- "Sukher Thikana" related to effects of smoking and domestic violence.

Second day of camp: volunteers cleaned our college premises. Then Dr. Sk Jahir Abbas (programme officer, unit I, NSS) makes Students aware of plastic pollution and alternative thinking of plastic. Dr. Sourav kr Nag (department of English) also delivered a special lecture on "NSS on Praxis".

Third day, a series of lecture delivered by Dr. Santanu Mitra (from Canada), Robin Banerjee, Dr Anupam Pal(Asst. Director, Agricultural Training Centre, Fulia, Nadia). Dr. Mitra discussed on Glyfoset and its effect on animal and human being. Two other Speakers focuses on organic farming. Some farmers from adopted village join in this discussion.

Fourth day, volunteers of unit I went to Dhabani village for survey and volunteers of unit II went to Bheduasole village for survey. In this survey they tried to understand socio- economic conditions of rural people and related problems. Our volunteers made them aware about various problems like school "Drop-out", under age marriage, Dowry system, Effects of smoking on health, plastic pollution, uses of pesticides in agriculture and its effect etc. Farmers of Dhabani village are interested in organic farming. After survey, prof. Dripti Mandal (programme officer, unit II) delivered a lecture on women empowerment.

On the fifth day of the camp, we organised a Blood Donation Camp and an awareness lecture series on HIV and AIDS, Thalassemia by officers of Health Department (Sadhan Paul, former professor of Bankura Sammilani College; Bipradas Midya, secretary of Bankura Blood Donors' Society; and Dhiman Chakraborty, asst. secretary of Bankura Blood Donors' Society). Our 32 volunteers Spontaneously participated in Blood Donation Camp and donate blood. Programme officers, other teachers and students also donate blood. Same day visitor of university, Mr Jahid Midya came to overlook the camp.

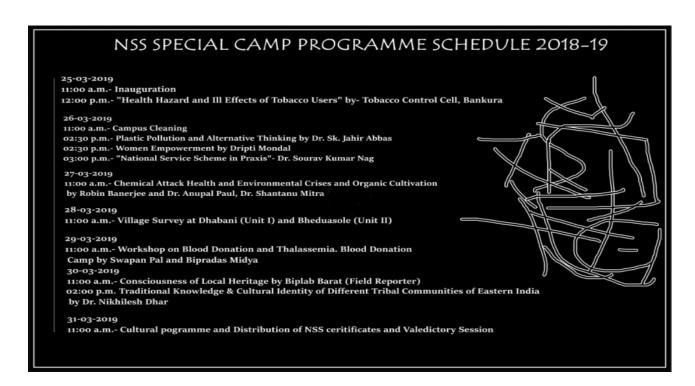
On the sixth day of the camp, Biplab Barat (field reporter) delivered a lecture throwing light on destitution of local heritage. At the same time, he spoke on the necessity of preservation of local

heritage. Dr. Nikhilesh Dhar (Department of English) discussed on indigenous knowledge and tribal culture.

On the seventh day of the camp, our volunteers performed on cultural programme like theatre, recitation, "kathinach", song, dance, speech etc. we noticed that our volunteers are very energetic, they spontaneously response to this camp.

| NSS Unit 1 | | NSS Unit 2 | |
|--|--|------------|---|
| Date | Activities | Date | Activities |
| Inauguration Programme, Speech & Campus cleaning | Innaauguration & Anti Tabocco Campaign by Anti Tabocco Cell,Bankura | 25.03.2019 | Innaauguration & Anti Tabocco Campaign by Anti Tabocco Cell,Bankura |
| 26.03.2019 | Campus Cleaning & Speech on Environmental Issue, Women Empoerment NSS. | 26.03.2019 | Campus Cleaning & Speech on Environmental Issue, Women Empoerment NSS. |
| 27.03.2019 | Environmental Crisis and Alternative Thinking (Organic Cultivation) by Dr. Anupam Pal, Assistant Director, Fulia Agriculture Research Centre; Santanu Maitra (Canada), Expert on Glyphosate, Rabin Banerjee , Activist(organic cultivation) | 27.03.2019 | Environmental Crisis and Alternative Thinking (Organic Cultivation) by Dr. Anupam Pal, Assistant Director, Fulia Agriculture Research Centre; Santanu Maitra (Canada), Expert on Glyphosate, Rabin Banerjee, Activist(organic cultivation) |
| 28.03.2019 | Field work at adopted village (Dhabani) | 28.03.2019 | Field work at adopted village (Bheduasole) |
| 29.03.2019 | Workshop on Thalassemia and blood donation, Boold donation Camp by VBDS and Sammilani Medical College | 29.03.2019 | Workshop on Thalassemia and blood donation, Boold donation Camp by VBDS and Sammilani Medical College |
| 30.03.2019 | Awareness programme on Local heritage sites and | 30.03.2019 | Awareness programme on Local heritage sites and |

| | Indigenous knowledge and | | Indigenous knowledge and |
|------------|-----------------------------|------------|-----------------------------|
| | culture. | | culture. |
| 31.03.2019 | Cultural Programme and | 31.03.2019 | Cultural Programme and |
| | Distribution of Certificate | | Distribution of Certificate |
| | and Validictory Session | | and Validictory Session |













Title of the Programme: Observation of Anti Tobacco Day

Date of the Programme: 31.05.2019

Place of activity: College campus

Funding Agency: Onda Thana Mahavidyalaya

Number of Participants: 1. Number of staff- 25

2. Number of NSS Volunteers-58

3. Number of others students-05

Aims & Objectives: 1. To increase awareness on harmfull effects of tobacco among college students.

- 2. To raise awareness about harmfull effects of tobacco on passive smoker.
- 3. To raise awareness on the importance of lung health in acieving overall health and well being.

Activities: Principal of our college inaugurated this special programme on 31st May, 2019. Officers of District Tobacco Control Cell (Biswajit Charan, Sourav Samanta, Sadananda Mukherjee) discussed on Health hazards and ill effects of Tobacco users.



Title of the Programme: Celebration of World's Environment Day

Date of the Programme: 05.06.2019

Place of activity: College campus

Funding Agency: Onda Thana Mahavidyalaya

Number of Participants: 1. Number of staff- 8

- 2. Number of NSS Volunteers-40
- 3. Number of others students-10

Aims & Objectives: 1. to raise awareness to proper utilization of natural resources among students.

- 2. To raise awareness of environmental issues.
- 3. To make positive and caring attitude towards environment to save our planet.
- 4. To encourage tree plantation.

Activities: 1. Students got knowledge on value of natural resources through lecrture by the teachers.

- 2. From discussion they were able to understand various environmental issues.
- 3. It has been possible to develop a positive and caring attitude towards environment among students.

4. plantation pragramme was organised.



Title of the Programme: Celebration of International Yoga Day

Date of the Programme: 21.06.2019

Place of activity: College campus

Funding agnecy: Onda Thana Mahavidyalaya

Number of Participants: 1. Number of staff- 02

2. Number of NSS Volunteers-20

3. Number of others students-00

Aims & Objectives: 1. to spread awareness about the importance and effect of yoga practice among the students.

2. Making students and others people aware of physical and mental illnesses and providing solutions through yoga.

Activties: First, the teachers discussed on the importance yoga in our daily life. Then Volunteers practised yoga on under leadership of one trained volunteers.

Academic Session 2019-20

Title of the Programme: Celebration of Plantation Day

Date of the Programme: 07.07.2019

Place of activity: College campus

Funding Agency: Onda Thana MAhavidyalaya

Number of Participants: 1. Number of staff- 05

2. Number of NSS Volunteers-20

3. Number of others students-2

Aims & Objectives: To make Students aware of global warming, forest degradation, soil erosion etc. and importance of planting sampling.

Activities: Plantation of various saplings, i.e. mango, sal, debdaru, litchi etc.





Title of the Programme: Celebration of Independence Day

Date of the Programme: 15.08.2019

Place of activity: College campus

Funding agency: Onda Thana Mahavidyalaya

Number of Participants: 1. Number of staffs- 10

2. Number of NSS Volunteers-30

3. Number of others students-35

Aims & Objectives: India got freedom on this day by the sacrifice of our brave patriots. So we want to remind the young generation that freedom does not come for free and to make them aware about the moral value of Independence Day of India.

Activities: They can know the contribution of freedom fighter in freedom movement and they are able to realize the moral value of Independence Day of India through various speech by Teachers and staff. Cultural proramme also organised and NSS volunteers participated in the prgogramme spontenously



Title of the Programme: Celebration of NSS Day

Date of the Programme: 24.09.2019

Place of activity: College campus

Number of Participants: 1. Number of staff- 10

2. Number of NSS Volunteers-50

3. Number of others students-02

Aims & Objectives: 1. To honour the organization's establishment.

- 2. To recognize contribution of NSS in nation building process.
- 3. To recognize the efforts of NSS volunteers in well beign of community.

Activities: The event started with hoisting of NSS flag by our Principal Dr. Bijay Kant Dubey . Then special motivational lecture delivered by the pricipal. Programme officers of the units and other teachers and staff delivered motivational and awareness lecture on various topic, i.e. example of youth selfless activities, environmental issues, social issues etc. At the end of the programme Voluteers partipated in campus cleaning.





Title of the Programme: Celebration of Birthday of Netaji

Date of the Programme: 23.01.2020

Place of activity: College campus

Funding Agency: Onda Thana Mahavidyalaya

Number of Participants: 1. Number of staff- 15

- 2. Number of NSS Volunteers-30
- 3. Number of others students-35

Aims & Objectives: : 1. To celebrate the birthday of our great patriotic and freedom fighter Netaji.

- 2. To honour the contribution and bravery of our freedom fighter in achieving independence.
- 3. to inspire the youth to follow his ideals of courage and sacrifice.

Activities: Due to odd semester examination, the presence of volunteers at college campus was low. The programme was organised at college campus. At first, National flag is hoisted and then teachers and staff inspire the youth by focusing on self-secrificing and bravery of Netaji for motherland.



Title of the Programme: Celebration of Republic Day 26.01.2020

Place of activity: College campus

Funding Agency: Onda Thana Mahavidyalaya

Number of Participants: 1. Number of staff- 06

2. Number of NSS Volunteers-10

3. Number of others students-10

Aims & Objectives: Aims & Objectives: 1. To celebrate the essense of liberty.

2. To make youth aware the importance of transition of India from British colony to a republic.

3. To instill sense of patriotism among the youth and to recognize the contribution of freedom fighters.

Activities: At first National Flag was unflured and our principal gave a lecture on the contributon of our brave freedom fighters. Others staff also pointed out importance of the day among students. NSS volunteers organized and participated in cultural programme.







Title of the Programme: NSS Annual Special Camp

Date of the Programme: 17.03.2020 to 23.03.2020

Place of activity: College campus

Number of Participants: 1. Number of staff-

2. Number of NSS Volunteers-

3. Number of others students-

Aims & Objectives:

Activities: The entire programme schedule has been cancelled due to government announcement of lockdown and spread of coronavirus.



ONDA THANA MAHAVIDYALAYA



NSS- I/II SPECIAL CAMP [17/03/2020-23/03/2020] Programme Schedule [11:00 a.m.- 04:00 p.m.]

17/03/2020

Inauguration Speech, "What is NSS?" by Dr. Sourav Kumar Nag

18/03/2020

1. Anti-tobacco awareness Campaign and FGD by DTCC, Bankura

2. "Local Heritage of Bankura" by Dr. Chaitali Mandi

19/03/2020

1. Village Survey

2. "English Language Proficiency and its application" by Asim Kumar Betal

20/03/2020

Blood donation camp and Health Consciousness Programme by BSMCH

in co-operation with B.V.B.D.S

21/03/2020

Social Awareness and superstition Programme by Prafulla

Chandra Vigyan Mancha, Bankura

22/03/2020

Plantation Programme

23/03/2020

Career Counselling and Cultural Programme

Academic Session 2020-21

Title of the Programme: Celebration of Independence Day

Date of the Programme: 15.08.2020

Place of activity: College campus

Funding Agency: Onda Thana Mahavidyalaya

Number of Participants: 1. Number of staff- 10

2. Number of NSS Volunteers-20

3. Number of others students-10

Aims & Objectives: India got freedom on this day by the sacrifice of our brave patriots. So we want to remind the young generation that freedom does not come for free and to make them aware about the moral value of Independence Day of India.

Activities: They can know the contribution of freedom fighter in freedom movement and they are able to realize the moral value of Independence Day of India through various speech by Teachers and staff. Cultural proramme also organised and NSS volunteers participated in the prgogramme spontenously.



Title of the Programme: Celebration of Birthday of Netaji

Date of the Programme: 23.01.2021

Place of activity: College campus

Funding Agency: Onda Thana Mahavidyalaya

Number of Participants: 1. Number of staff- 12

2. Number of NSS Volunteers-25

3. Number of others students-20

Aims & Objectives: : 1. To celebrate the birthday of our great patriotic and freedom fighter Netaji.

- 2. To honour the contribution and bravery of our freedom fighter in achieving independence.
- 3. to inspire the youth to follow his ideals of courage and sacrifice.

Activities: Due to odd semester examination, the presence of volunteers at college campus was low. The programme was organised at college campus. At first, National flag is hoisted and then teachers and staff inspire the youth by focusing on self-secrificing and bravery of Netaji for motherland.

Title of the Programme: Celebration of Republic Day

Date of the Programme: 26.01.2021

Place of activity: College campus

Funding Agency: Onda Thana Mahavidyalaya

Number of Participants: 1. Number of staff- 10

2. Number of NSS Volunteers-15

3. Number of others students-20

Aims & Objectives: 1. To celebrate the essense of liberty.

- 2. To make youth aware the importance of transition of India from British colony to a republic.
- 3. To instill sense of patriotism among the youth and to recognize the contribution of freedom fighters.

Activities: At first National Flag was unflured and our principal gave a lecture on the contributon of our brave freedom fighters. Others staff also pointed out importance of the day

among students. NSS volunteers organized and participated in cultural programme.









Title of the Programme: Celebration of International Yoga Day

Date of the Programme: 21.06.2021

Place of activity: At home

Number of Participants: 1. Number of staff-

2. Number of NSS Volunteers-

3. Number of others students-

Aims & Objectives: 1. to spread awareness about the importance and effect of yoga practice among the students.

2. Making students and others people aware of physical and mental illnesses and providing solutions through yoga.

Activties: Volunteers practised yoga at home due to lockdown and send their photos.

Academic Session 2021-22

Title of the Programme: Celebration of Independence Day

Date of the Programme: 15.08.2021

Place of activity: College campus

Funding Agency: Regular fund from central government

Number of Participants: 1. Number of staff- 15

2. Number of NSS Volunteers-20

3. Number of others students-30

Aims & Objectives: India got freedom on this day by the sacrifice of our brave patriots. So we want to remind the young generation that freedom does not come for free and to make them aware about the moral value of Independence Day of India.

Activities: They can know the contribution of freedom fighter in freedom movement and they are able to realize the moral value of Independence Day of India through various speech by Teachers and staff. Cultural proramme also organised and NSS volunteers participated in the prgogramme spontenously.





Title of the Programme: Covid Awareness Initiatives

Date of the Programme: 08.11.2021

Place of activity: College campus

Funding Agency: Regular fund from central government and Onda Thana Mahavidyalaya

Number of Participants: 1. Number of staff- 4

2. Number of NSS Volunteers-10

3. Number of other students: 02

Aims & Objectives: To spread awareness against coronavirus among students and people.

Activities: Awareness messages on dos and don'ts to avoid coronavirus were disseminated.







Title of the Programme: Celebration of Birthday of Netaji

Date of the Programme: 23.01.2022

Place of activity: College campus

Funding Agency: Regular fund from central government

Number of Participants: 1. Number of staff-

2. Number of NSS Volunteers-

3. Number of others students-

Aims & Objectives: : 1. To celebrate the birthday of our great patriotic and freedom fighter Netaji.

- 2. To honour the contribution and bravery of our freedom fighter in achieving independence.
- 3. to inspire the youth to follow his ideals of courage and sacrifice.

Activities: Due to odd semester examination, the presence of volunteers at college campus was low. The programme was organised at college campus. At first, National flag is hoisted and then teachers and staff inspire the youth by focusing on self-secrificing and bravery of Netaji for motherland.

Title of the Programme: Celebration of Republic Day

Date of the Programme: 26.01.2022

Place of activity: College campus

Funding Agency: Regular fund under central government

Number of Participants: 1. Number of staff- 12

2. Number of NSS Volunteers-25

3. Number of others students-12

Aims & Objectives: Aims & Objectives: 1. To celebrate the essense of liberty.

- 2. To make youth aware the importance of transition of India from British colony to a republic.
- 3. To instill sense of patriotism among the youth and to recognize the contribution of freedom fighters.

Activities: At first National Flag was unflured and our principal gave a lecture on the contributon of our brave freedom fighters. Others staff also pointed out importance of the day among students. NSS volunteers organized and participated in cultural programme.

Title of the Programme: NSS Annual Special Camp

Date of the Programme: 23.03.2022 to 29.03.2022

Place of activity: College campus & adopted villages

Funding Agency: Regular fund under central government

Number of Participants: 1. Number of staff-40

- 2. Number of NSS Volunteers-54
- 3. Number of others students-10

Aims & Objectives: 1. To expose youth volunteers to the different problems of the community and make contributions to the development of adopted villages.

- 2.To work towards the development of weaker section of adopted village.
- 3. To make villagers aware about health hazard of uses of tobacoo, plastic, chemical fertilizer etc. and various environmental issues and how can we combat with natural calamities.
- 4. To build leadership capacity among the youth.
- 5. To give an opportunity to explore inner potential of every youth through entire 7 days programme.
- 5. To give a sense of togetherness through group activities.

Actiities:

| NSS Unit 1 | | NSS Unit 2 | |
|------------|---|------------|---|
| Date | Activities | Date | Activities |
| 23.03.2022 | Inauguration Programme, Speech & Campus cleaning | 23.03.2022 | Inauguration Programme, Speech & Campus cleaning |
| 24.03.2022 | Blood Donation Camp | 24.03.2022 | Blood Donation Camp |
| 25.03.2022 | Blood Donation Camp by | 25.03.2022 | Health awareness programme |
| | Bankura Blood Donors` | | by Bankura Sammilani |
| | Society | | Medical College |
| 26.03.2022 | Motivational Speech by the | 26.03.2022 | Motivational Speech by the |
| | recource persons | | Resource persons |
| 27.03.2022 | Awareness programme and | 27.03.2022 | Awareness programme and |
| | Yoga programme | | Yoga programme |
| 28.03.2022 | Campus Cleaning and | 28.03.2022 | Campus cleaning and tree |
| | Plantation programme | | plantation programme |
| 29.03.2022 | Cultural programme & | 29.03.2022 | Cultural Programme and |
| | Camp fire | | Camp fire |

























































Title of the Programme: Block Level quiz Compettition

Date of the Programme: 11.05.2022

Place of activity: Block Development Office, Onda

Funding Agency: Regular fund under central government

Number of Participants: 1. Number of staff- 03

2. Number of NSS Volunteers-10

3. Number of others students-10

Aims & Objectives: 1. To expand their knowledge and improve cognitives abilities.

2. To help in building personality.

Activities: Volunteers participated the quiz compettition organized by the Block Development Office, Onda and enjoyed the whole programme.









Title of the Programme: Observation of World No Tobacco Day

Date of the Programme: 31.05.2022

Place of activity: Bankura Christain College

Funding Agency: Regular fund under central government

Number of Participants: 1. Number of staff- 01

2. Number of NSS Volunteers-10

3. Number of others students-00

Aims & Objectives: 1. To increase awareness on harmfull effects of tobacco among college students.

- 2. To raise awareness about harmfull effects of tobacco on passive smoker.
- 3. To raise awareness on the importance of lung health in acieving overall health and well being.

Activities: Volunteers from different school and colleges participated in this programme. Our volunteers presented the harmful effects of tobacco through a play.



Title of the Programme: Celebration of International Yoga Day

Date of the Programme: 21.06.2022

Place of activity: College campus

Funding Agency: Regular fund under central government

Number of Participants: 1. Number of staff- 2

2. Number of NSS Volunteers-10

3. Number of others students-02

Aims & Objectives: 1. to spread awareness about the importance and effect of yoga practice among the students.

2. Making students and others people aware of physical and mental illnesses and providing solutions through yoga.

Activties: First, the teachers discussed on the importance yoga in our daily life. Then Volunteers practised yoga on under leadership of one trained volunteers.



Title of the Programme: Observation of International Youth Day

Date of the Programme: 12.08.2022

Place of activity: College campus

Funding Agency: Regular fund under central government

Number of Participants: 1. Number of staff- 4

2. Number of NSS Volunteers-20

3. Number of others students-10

Aims & Objectives: To acknowledge and celebrating the immense potential and valuable contributions of young people across the globe.

Activities: Volunteers shown sponteneous responses to organise the cultural and tree plantation programmes. Motivational speech were delivered by NSS programme officers.







Title of the Programme: Har Ghar Triranga

Date of the Programme: 15.08.2022

Place of activity: College campus

Funding Agency: Regular fund under central government

Number of Participants: 1. Number of staff- 30

2. Number of NSS Volunteers-50

3. Number of others students-60

Aims & Objectives: 1. To inspire Indians to hoist National Flag to invoke feelings of patriotism in the heart of the people.

2. To encourage everyone to hoist/display National flag with pride.

Activities: From teachers to students —everyone uphold The National Flag with pride and great dugnity. Everyone unloaded their selfie with National flag in the Har Ghar Tiranga website.





Date of the Programme: Celebration of Independence Day (Azadi Ka Amrit Mahotsav)

Place of activity: College campus

Funding Agency: Regular fund under central government

Number of Participants: 1. Number of staff- 30

2. Number of NSS Volunteers-50

3. Number of others students-60

Aims & Objectives: India got freedom on this day by the sacrifice of our brave patriots. So we want to remind the young generation that freedom does not come for free and to make them aware about the moral value of Independence Day of India.

Activities: This year we had celebrated 75th years of Independence. Students know the contribution of freedom fighter in freedom movement and they are able to realize the moral value of Independence Day of India through various speech by Teachers and staff. Cultural proramme also organised and NSS volunteers participated in the prgogramme spontenously. We had also planted 75 sapling of sal trees.









Title of the Programme: Observation of NSS Day

Date of the Programme: 24.09.2022

Place of activity: College campus

Funding Agency: Regular fund under central government

Number of Participants: 1. Number of staff- 10

- 2. Number of NSS Volunteers-40
- 3. Number of others students-10

Aims & Objectives: 1. To honour the organization's establishment.

- 2. To recognize contribution of NSS in nation building process.
- 3. To recognize the efforts of NSS volunteers in well beign of community.

Activities: The event started with hoisting of NSS flag by our Principal Dr. Bijay Kant Dubey. Then special motivational lecture delivered by the pricipal. Programme officers of the units and other teachers and staff delivered motivational and awareness lecture on various topic, i.e. example of youth selfless activities, environmental issues, social issues etc. At the end of the programme Voluteers partipated in campus cleaning.



Title of the Programme: Campus Cleaning

 $Date\ of\ the\ Programme:\ 30.11.2022$

Place of activity: College campus

Funding Agency: Regular fund under central government

Number of Participants: 1. Number of staff- 2

2. Number of NSS Volunteers-10

3. Number of others students-00

Aims & Objectives: To make aware volunteers about importance of cleanliness and to give opportunity to work together.

Activities: volunteers clean the college campus together.





Title of the Programme: Celebration of Birthday of Netaji

Date of the Programme: 23.01.2023

Place of activity: College campus

Funding Agency: Regular fund from central Government

Number of Participants: 1. Number of staff- 10

2. Number of NSS Volunteers-20

3. Number of others students-10

Aims & Objectives: 1. To celebrate the birthday of our great patriotic and freedom fighter Netaji.

- 2. To honour the contribution and bravery of our freedom fighter in achieving independence.
- 3. to inspire the youth to follow his ideals of courage and sacrifice.

Activities: Due to odd semester examination, the presence of volunteers at college campus was low. The programme was organised at college campus. At first, National flag is hoisted and then teachers and staff inspire the youth by focusing on self-secrificing and bravery of Netaji for motherland.

Title of the Programme: Celebration of Republic Day

Date of the Programme: 26.01.2023

Place of activity: College campus

Funding Agency: Regular fund from central government

Number of Participants: 1. Number of staff- 16

2. Number of NSS Volunteers-10

3. Number of others students-10

Aims & Objectives: Aims & Objectives: 1. To celebrate the essense of liberty.

- 2. To make youth aware the importance of transition of India from British colony to a republic.
- 3. To instill sense of patriotism among the youth and to recognize the contribution of freedom fighters.

Activities: At first National Flag was unflured and our principal gave a lecture on the contributon of our brave freedom fighters. Others staff also pointed out importance of the day among students. NSS volunteers organized and participated in cultural programme.



Title of the Programme: Celebration of International women's Day

Date of the Programme: 08.03.2023

Place of activity: Online Mode

Funding Agency: Regular fund under central government

Number of Participants: 1. Number of staff- 30

2. Number of NSS Volunteers-50

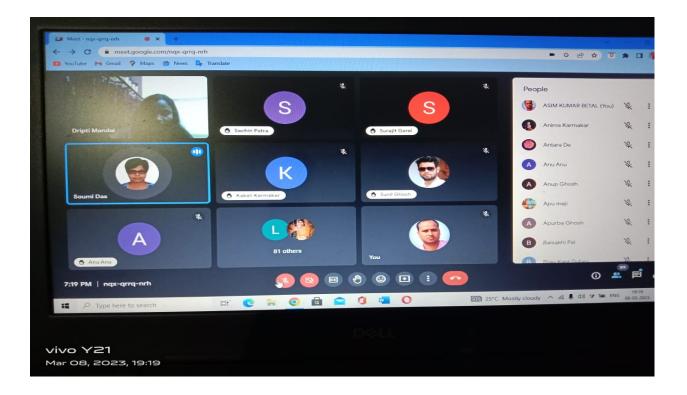
3. Number of others students-20

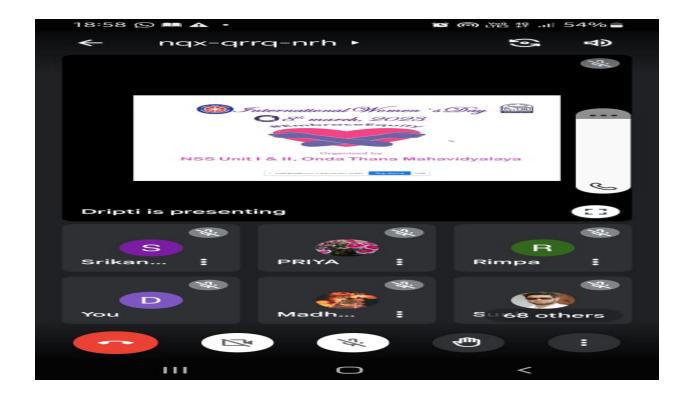
Aims & Objectives: 1. To celebrate womens' achievement in different filed.

- 2. To raise awareness for the development of women
- 3. To give importance on Women education and empowerment.
- 4. To decrease gender disparity.

Activities: Our NSS team had taken initiative to organise a programme on online mode. Our Principal innaugurated the programme. Soumi Das, Information and Cultural Officer, Bishnupur,

delivered a special lecture on gender equality. Teachers, staff and students actively participated in this programme.





Title of the Programme: Red Ribbon Club Programme

Date of the Programme: 20.03.2023

Place of activity: College Campus and street

Funding Agency: Red Ribbon Club grant (NSS UNIT I)

Number of Participants: 1. Number of staff- 6

2. Number of NSS Volunteers-20

3. Number of other students-00

Aims & Objectives: To promote drug prevention

- 2. To develop awareness and prevention of HIV
- 3. To encourage blood donation
- 4. To make awareness among the youth volunteer on sexsual reproductive health and AIDS.

Activities: Volunteers tried to made people aware of HIV and AIDs through re baloon and wearing of red ribbon . Our teachers and staff delivered awareness lecture .





Title of the Programme: Red Ribbon Club Programme

Date of the Programme: 22.03.2023

Place of activity: College Campus

Funding Agency: Red ribbon Club grant (NSS UNIT II)

Number of Participants: 1. Number of staff- 10

2. Number of NSS Volunteers-38

3. Number of others students-00

Aims & Objectives: 1. To promote drug prevention

- 2. To develop awareness and prevention of HIV
- 3. To encourage blood donation
- 4. To make awareness among the youth volunteer on sexsual reproductive health and AIDS.

Activities: Volunteers tried to made people aware of HIV and AIDs through re baloon and wearing of red ribbon. Our teachers and staff delivered awareness lecture.









Title of the Programme: Special Camp

Date of the Programme: 21.03.20230 to 27.03.2023

Place of activity: College Campus & adopted village

Funding Agency: Regular fund from Central Government

Number of Participants: 1. Number of staff- 10

2. Number of NSS Volunteers-38

3. Number of others students-00

Aims & Objectives: Aims & Objectives: 1. To expose youth volunteers to the different problems of the community and make contribution in the development of adopted villages.

- 2.To work towards the development of weaker section of adopted village.
- 3. To make villagers aware about health hazard of uses of tobacoo, plastic, chemical fertilizer etc. and various environmental issues and how can we combat with natural calamities.

- 4. To build leadership capacity among the youth.
- 5. To give an opportunity to explore inner potential of every youth through entire 7 days programme.
- 5. To give a sense of togetherness through group activities.

Activities:

| NSS Unit 1 | | NSS Unit 2 | |
|------------|--|------------|---|
| Date | Activities | Date | Activities |
| 21.03.2023 | Inauguration Programme, Speech & Campus cleaning | 21.03.2023 | Inauguration Programme, Speech & Campus cleaning |
| 22.03.2023 | Motivational Speech by the resource persons & Self Defence programme | 22.03.2023 | Red Ribbon Rally & self defence programme |
| 23.03.2023 | Blood Donation Camp by Bankura Blood Donors` Society | 23.03.2023 | Health awareness programme by Bankura Sammilani Medical College |
| 24.03.2023 | Awareness programme by Vigyan Mancha (Bankura District) | 24.03.2023 | Motivational Speech by the Resource persons |
| 25.03.2023 | Field works at adopted village (Dhabani) | 25.03.2023 | Field Works at adopted village (Bheduasole |
| 26.03.2023 | Campus Cleaning and Plantation programme | 26.03.2023 | Campus cleaning and tree plantation programme |
| 27.03.2023 | Yoga practice, Cultural programme & Camp fire | 27.03.2023 | Yoga practice, Cultural Programme and Camp fire |





















































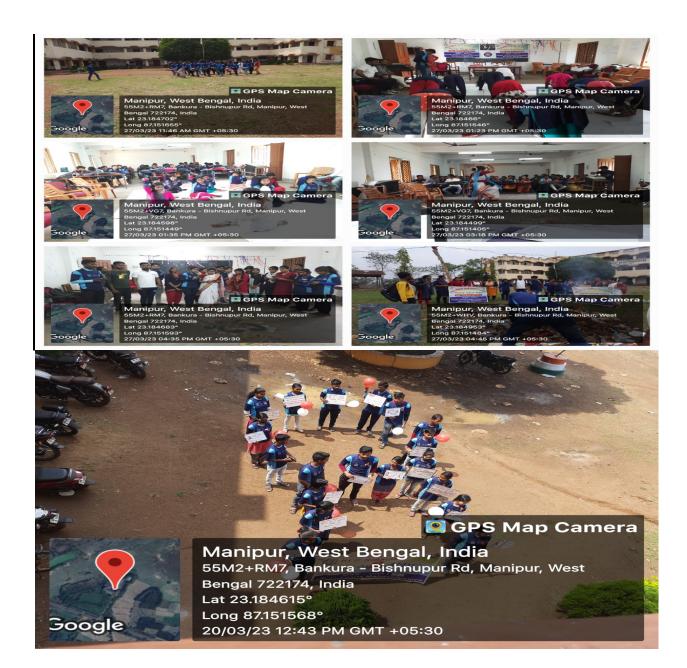












Title of the Programme: Anti Tobacco Campaign

Date of the Programme: 24.04.2023

Place of activity: College Campus

Funding Agency: Central assistance through District Tobacco control Cell

Number of Participants: 1. Number of staff- 10

2. Number of NSS Volunteers-38

3. Number of others students-00

Aims & Objectives: 1. To increase awareness on harmfull effects of tobacco among college students.

- 2. To raise awareness about harmfull effects of tobacco on passive smoker.
- 3. To raise awareness on the importance of lung health in acieving overall health and well being.

Activities: Principal of our college inaugurated this special programme on 24th april, 2023. Officers of District Tobacco Control Cell (Biswajit Charan, Sourav Samanta, Sadananda Mukherjee) discussed on Health hazards and ill effects of Tobacco users..

Programme outcomes



Title of the Programme: World Yoga Day

Date of the Programme: 21.06.2023

Place of activity: College Campus

Funding Agency: Regular fund from central government

Number of Participants: 1. Number of staffs- 2

- 2. Number of NSS Volunteers-8
- 3. Number of others students-2

Aims & Objectives: 1. to spread awareness about the importance and effect of yoga practice among the students.

2. Making students and others people aware of physical and mental illnesses and providing solutions through yoga.

Activties: First, the teachers discussed on the importance yoga in our daily life. Then Volunteers practised yoga on under leadership of one trained volunteers.

